

SPIRIT in ACTION

A Divine Science Federation International Monthly Publication

April 2008

Divine Science Federation Board of Directors		
Position	Name	Area or Organization Representing
President	Mrs. Cathy Hall	Central Region
Vice President	Dr. William Freeman	Member at Large
Treasurer	Rev. Christine Emmerling	Member at Large
Secretary	Rev. Peter Miller	Eastern Region
Chaplain	Rev. Larry Massengale	Western Region
Board Member	Dr. Jane Kopp	Brooks Center for Spirituality
Board Member	Rev. Patricia Beach	Divine Science School
Board Member	Dr. Anne Kunath	United Divine Science School
Board Member	Rev. Harold Wardrop	Divine Science Ministers Association

A Healing Prayer

Dear God, I free my body
to be divinely well.

I let your healing Light
shine, unobstructed, in my being.

Every cell of my body
is tuned to sing a carol
of praise for your Life in me.

The radiance of your Love
renews and strengthens me
for now and for always.

Dear God, I free my mind
to be aware only of you,
knowing you everywhere present
in every aspect of my life.

Dear God, I free my soul
to its own great rejoicing
in its perfect oneness with you
and this thanksgiving is my prayer.

-Elizabeth Searle Lamb

Meditation

BY SALLY WILSON

"He that is perfect in knowledge is
with thee."
Job 36:4.

God is omnipresent, omniscient,
and omnipotent. God teaches me all things, but only when I
am ready to be taught. This knowledge that is ever available
to me will be revealed to me in proportion to my desire and
ability to accept it.

I now see first the kingdom of God and the righteousness,
as Jesus taught us, and I know that all things will be added
unto me.

I affirm that I am one with God, therefore I am one with all
knowledge. There is nothing that I desire to know,
understand, or learn that is not available to me. God is my
Source, perfect Substance, and ever willing to guide me in
all of my ways. All things whatsoever I ask in prayer
believing, I will receive.

I choose, accept, and give thanks for Divine Knowledge
illuminating my consciousness and revealing to me my divine
purpose. I am now expressing this knowledge in all of my
thoughts and all of my ways.

The light of the body is in the eye; if, therefore, my eye is
single, my whole body will be full of light. My thoughts are
centered on my oneness with God. I am open and receptive
to the infilling and the outpouring of all there is in God.

I now rest in this truth, knowing that through Jesus Christ
I am truly blessed.

And it is so ... and I so let it be.

Take the Wings of the Morning

by Hester Fairfield

After the Gadabout Group had been picked up at various locations, we finally were heading east on Interstate 10. It was then that our bus driver began telling us just what stops we would be making on our tour to the Grand Canyon of Arizona. Among other things, he said that the next day we would be visiting the Grand Canyon Caverns. An elevator would take us down 220 feet into the earth.

"Oh, no!" I said to myself. "That is not for me."

In the past I had experienced severe claustrophobia. Now the very thought of going down into the earth in an elevator seemed almost to smother me. Through my study of Truth, and earnest prayer, I had overcome my fear of elevators. But 220 feet!

Fear of closed-in places is not an easy thing to overcome, and I might never have been able to do it completely if I had not had this experience which demanded that I use my faith in the Truth I had been taught.

I had heard of the awesome beauty and wonders of the caverns and I really wanted to see them. So I began to talk to God about it. As I gave the situation over to God, the Bible verse came to me, "If I take the wings of the morning, and dwell in the uttermost parts of the sea; even there shall thy hand lead me, and thy right hand shall hold me." I repeated it over and over to myself all day as our bus rolled along the highway. But still the thought of that drop into the bowels of the earth caused a smothery feeling to engulf me.

Next morning I opened my little devotional book and the Bible verse for the day was, "I can do all things through Christ which strengtheneth me."

I almost laughed aloud, for I realized that this was a made-to-order experience for me, to help me overcome claustrophobia once and for all. I repeated these two affirmations over and over throughout the day. First we were traveling through rather bare areas dotted here and there with cacti and Joshua trees. Then we climbed higher into forests of evergreen. I was keenly aware of all this beauty around me, but I continued holding the affirmations in my thoughts also. Gradually a feeling of peace and

perfect confidence came over me. I knew I was with God and that all was well.

Arriving at the caverns, we first had lunch, and then came the time of final decision. Would I go or wouldn't I? Of course I would go! I could not go anywhere where God was not. I did step into that elevator. I did go down 220 feet into those caverns. I anticipated seeing something beautiful and unusual, and I kept my mind stayed on God.

I truly felt God's presence more than ever before as I dropped down, down, down—a very real experience. I did not even panic when our guide turned out the lights, and we stood in the most complete darkness I have ever known. This he did at three different times for a full minute each time, so that we might appreciate what an adventure it had been for the original explorers at such a depth. During all this dark demonstration I experienced an unbelievably wonderful feeling of being enfolded in God's loving Presence.

We had a vigorous hike, up and down, through tunnels of strangely beautiful rock formations for an hour and a half and never did the consciousness of God's loving Presence leave me. That day I took an important step in spiritual growth as I met the challenge and proved my faith. Closed places will never bother me again.

*YES, I
AM!*



*2008 Divine Science
Conference*

*August 11-15, 2008
Kansas City, MO*

The 2008 Divine Science Conference will feature a variety of experiences including presentations and panel discussions as well as a “mini-retreat ” format encouraging in-depth investigation and personal understanding. Gatherings will include exploration of practical meditation, specific use of language, and forgiveness as perception. Extended sessions on Practicing the Presence, as well as meaning, interpretation and application of the Bible will be offered. Special workshops with Divine Science and New Thought leaders focusing on music and arts in ministry, church growth, inclusion and outreach as well as giving up struggle in life are sure to be stimulating and applicable to our lives as individuals and as members of a spiritual community. An inclusive discussion on our final day will explore life's “big questions” from the unfolding Divine Science perspective. Join us in proclaiming “**Yes, I AM!**” knowing and co-creating a deeper understanding and experience of the One Life, Love, Wisdom, Power and Substance that lives in and through each of us.

**Registration forms are available on our website:
www.divinesciencefederation.org.**

THE ETERNAL TRUTH IN A CHANGING WORLD

by Grace L. Faus

Continued from March 2008

We will be presenting this book over a series of months for your reading pleasure. The book was originally published in 1979 and contains a compilation of her writings over the years.

PURIFYING FIRE

To purify is to make free from evil, free from that which is base, to make clean and clear and free. In the metaphysical sense we use the word "fire" to mean enthusiasm, burning passion, zealously, that which inspires. The term "purifying fire" applied to a person would mean releasing the person from false excitement, from negation, from darkness into light. Light is God. And if we can see as God sees, we will see the pure, the true, the perfect, the beautiful. The Light of Truth is within us all, but we do not all know it.

I have always felt that there are only three legitimate emotions for Truth students: love, peace and joy. If we have such emotions as fear, resentment, anger, then there is a need of the purifying fire to change that kind of thinking. "The path of the just is as a shining light that shineth more and more unto the perfect day." The light of the purifying fire brings us a new understanding.

In Deuteronomy and also in Hebrews, God is called a "consuming fire". And in Luke we read, "He shall baptize you with the Holy Ghost and with fire," —a purification.

And speaking of fire in its physical sense, Isaiah said: "Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine. When thou passest through the water, I will be with thee; and through the rivers, they shall not overflow thee; when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. For I am the Lord thy God, the Holy One of Israel, thy Saviour ... Fear not, for I am with thee."

We all know the story of the three men who absolutely knew that, though they walked through the fire, they would not be burned, because they knew the Lord, their God, was with them.

King Nebuchadnezzar, the King of Babylon,

who worshipped idols, had built a great golden idol and commanded that when the trumpet should blow, everyone should kneel before the idol and worship it. Just before the trumpet sounded, it happened that an informer came to the king and said, "There are three Hebrews here who do not believe you; they are not going to follow your orders." And the king said, "Then they will be burned to death in the fiery furnace."

The trumpet sounded and everyone knelt to worship the idol except the three Hebrews, Shadrach, Meshach, and Abednego. The king was furious. He called the three men to him, and said to his servants, "Bind them and throw them into the fire, and make the fire seven times hotter than ever before." This was done. In fact, the fire was so hot that some of the attendants died because of it. But the Hebrews said to each other, "Our God will protect us." And this is exactly what happened. Later, when the king looked into the furnace, he said, "I thought there were three men in there: I see four." Yes, he saw four; and he saw a form representing the Son of God, who was protecting them, providing for them, and sustaining them throughout.

The men came out unharmed. They didn't even smell of fire. They had not been singed. The king was overcome; he could not believe it. But when he saw what the power of faith in One God had done for them, he changed his whole outlook on life, for himself and for his country. He proclaimed that anyone speaking against the God of Shadrach, Meshach, and Abednego would be punished. And he promoted the three men in the province of Babylon. Thus the course of events in that province was changed by the faith of three men.

These three men proved right there that if we have a purified faith in the one God, it does not matter what happens in the outer. If we are staunch and steadfast and true, and if we deeply and genuinely believe in the power of God to save us—as these men believed—changes for the better will come forth in our lives.

John the Baptist also spoke of the purifying fire. In the Gospel of Luke we read that John said, "I baptize you with water; but one mightier than I cometh ... he shall baptize you with the

Holy Ghost and with fire." Here, of course, John was speaking of Jesus, who would baptize all of us, then and now, with "fire."

This "fire" is the purifying and illumining power of consciousness that transforms us, changes us from merely existing to really living. We become alive and awake, and aware of the greatness and goodness of God-at all times and in all places. In Hebrews, Paul speaks of a minister as a "flame of fire." How expressive! Even today we like to think of our minister as a "flame of fire," guiding us to all Truth, so we burn out the negative qualities in us, the negative thoughts, and purify our consciousness. We learn that negative things are but temporary, and we can face any situation in life that is negative, recognizing it as a temporary situation or condition, knowing it can be "purified" by the fire of Truth.

It is our part to search for the Truth, turning to the Presence of God for guidance, knowing that there is tremendous good available for all of us if we will be cleansed and purify our own thinking; if we will accept the goodness of God, and recognize, as did Shadrach, Meshach, and Abednego, that the power of God is greater than anything that can happen to us in the outer.

We want to realize that the "purifying fire" is that illumination of Spirit, that light that comes to all of us one time or another, that makes us see and know that there is nothing but good in this universe, because it is God's universe. It is God-created, God-sustained, and you and I are expressions of God. And so we open the doors of our minds and hearts that we may be channels through which God's great love pours forth upon this earth. And, as channels, we can be "flames of fire" ourselves, for good.

If enough of us in this day and age could feel the Presence and Power as keenly as the three Hebrew men did, it could change what is going on in our cities, in our nation, and in the world. Because, as we all know, there is nothing to change except consciousness. And Nebuchadnezzar experienced a change of consciousness himself-from rage and fury and anger to the acceptance of the power of the God of the Hebrews. And in his case it was not a gradual change-it was instantaneous. The change was tremendous, and this is what happens to all of us when we accept and live the Truth, whether we do it gradually, or all at

once. Then we know we are no longer in trouble or in distress because we see the One God, the One Life.

MEDITATION

- The purifying fire of Truth burns out all negation in me.
- I breathe in the life and love of God, and know there is nothing too difficult for Him.
- I increase my faith and enlarge my consciousness of the Presence.
- The flame of Love is burning brightly within me.
- The Light of the Healing Christ illumines my way, making it smooth and right and good and true.
- May the flame of Truth and the Light of the Christ shine forth through me wherever I go and whatever I do.
- And I rejoice and give thanks that this is so.

The Power of Righteous Judgment

Barbara L. Wolfe

"Judge not according to the appearance, but judge righteous judgment."

We judge according to appearance when we believe in sickness, lack, and in harmony.

We judge righteous judgment when we see Good only.

God is life. Life dissolves all appearance of illness.

God is Abundance. Abundance overflows every appearance of lack.

God is love. Love overcomes every appearance of in-harmony and fear.

God, we thank you for the power of righteous judgment!

Practice the Presence

by Dr. Martha Dawson

**From New Harmony Magazine, January,
1994**

Nona Brooks declared the Omnipresence of God to be the basis of Divine Science. Since this is true, it behooves us to know it and practice the Presence every day of our lives. Knowing your oneness with God makes life a happy and fruitful experience. Do it, be at one consciously with God.

God is all there is, both visible and invisible. A wise man long ago said that "God and God in action is all there is." These are strong and almost overwhelming words, but true ones. The Creator that is ever present, everywhere and equally present, All-Knowing and All-Powerful is the perfect universality of God.

This Power is present in every problem and experience of each one of us. Depend on it to guide you, for we were created by God and we ever live within this Being. In fact, we cannot get out of God even if we try. Each is part of this whole for God is within, the very soul of us.

In every age, taught by every great teacher, the Omnipresence of God has been recognized and believed. Jesus Christ told us. The Bible points out this truth. According to the great Chinese teacher, Lao Tse, God is too great for man to call His name. He recognized God by calling Him Tao, The Unnameable, The Unmanifest Source. The Hebrews would not name Him. We have had difficulty in naming Him and His qualities. The powerful word God was selected and Divine Science chose these qualities to describe His perfect Nature: Love, Life, Wisdom, Understanding, Power, Knowledge and Joy.

Because this describes God's Nature and according to the Bible, mankind was created in "His Image and Likeness", Divine Science teaches that we are endowed with these same wonderful inherencies. Do you realize how great you are? With all this, man is made responsible for his actions. As a co-creator with God, man has the gift of choice. Thus he must face what he creates.

We live in the Universe of God and function under God's Laws. Oneness is the theme and we accept this truth that All is One. By God's eternal Law of Expression, or Cause and Effect, our own

thinking, acting and feeling brings like results in our life. Consider health, man's real, natural state. Since God is perfect, God sees all creatures to be perfect. However, man's negative activities often interfere. Man decides to choose his own course, often mistakenly, and he reaps his own results. Know that all experience is for your learning, not for punishment.

God and God-substance is all in all. His substance may manifest in many forms and ways, yet all is one, the planets, all growing things like the trees and flowers, all creatures, and man. Know all is one. Look around and feel the unity with all.

Omnipresence is Mind, the knowledge and understanding of the universe. Ideas of God are manifest in all the different forms we see, as well as those we do not see. Yet all are parts of the whole.

This Presence is Love. God first loved us and has given us the power to love. By faithful practice of the recognition of God and God's Powers, we can let Wisdom guide us as we accept this caring. Trust in this loving God and there is nothing to fear. Love is the light of our daily path.

Don't let fear enter your being. Fear is our greatest enemy and attacks in many ways. Fear can bring disaster. But what is there to fear when we know God is the positive life, and is whole and perfect? "All things are possible to them that believe." God does not send suffering, disease or wars; man's negative actions are responsible. Hatred, greed, materialism, over-emphasized ego, these are the causes.

Everyone wants to live in harmony. Start with yourself. Let good feelings flow out from you and they will flow back to the same degree. If you want a friend, be a friend. Recognize the Parenthood of God, the God Within, and the Brotherhood of man. With love towards our fellow creatures and all nature, you will know the unity of all under the Power of the Creator. We are God's children, let us know the truth.

Prayer and meditation establishes our life-line to God. God is ever ready and waiting for us to turn to Divine Presence. Train yourself to rely on the NOW Presence of God. Whatever your problem, become one with the Power and your good will be provided.

It works! Let that great Presence of God come first in your life NOW. Practice the Presence and the Presence always responds!

**DIVINE SCIENCE FEDERATION
INTERNATIONAL**

8084 Watson Road—Suite 236
St. Louis, MO 63119

Phone: 1-800-644-9680

Local: 314-842-2335

FAX: 314-842-2650

Web: www.divinesciencefederation.org

E Mail: divscifederation@aol.com

Office Hours:

Monday, Wednesday, Friday 9:30 – 3:30
Tina Hall, Office Manager

Forwarding Service Requested
If you plan to move, please notify us