

In the beginning was the Word, and the Word was with God, and the Word was God.

Do those words sound familiar?

“The Word” and the word is a very important part of our faith.

Recall for a moment any affirmation of Truth.

Is this just a statement, or have you demonstrated it in your life?

Jesus proved his teachings through demonstration.

Are you living it---being it?

How do we react to people connected with scandal or misbehavior?

Is it in line with “judge not that ye be not judged?”

Even as we seek to see the Christ in ourselves, are we seeing it in *all* people?

Are we declaring the Truth as it is?

How often have we said: “The Lord is my Shepherd.”--- Is He?

(continued below)

SPIRIT in ACTION

A Divine Science Federation International Newsletter

8084 Watson Road, Suite 236, St. Louis, MO 63119

Web Address: www.divinesciencefederation.org

Contact the Divine Science Federation on

Monday - Wednesday - Friday

9:30am to 3:30pm

by Phone: 1 800.644.9680 - Local Phone: 314.842.2335 - FAX: 314.842.2650

Email: divscifederation@aol.com

Mary Eckard, Secretary

November 2005

We Welcome You!

When the Israelites were being lead out of Egypt by Moses, while everything was going well, their gratefulness was shown less and less to him---even to God---but the moment things became somewhat difficult, Moses was used as a scapegoat. Rather than discovering their own mistakes and making an all-out effort to correct them, they blamed Moses for their problems.

Times and attitudes have not changed much. People often blame everything from the President on down for their problems---government, unions, scientific advancement, or other people. Any scapegoat will suffice as long as they do not have to face their own mistakes and work at correcting them.

In Truth we must remember God is my abundant, constant supply. What do we do with the ideas that God gives us to use? No idea comes to us unless we are capable of putting it into use, but how often do we belittle ourselves and turn down His ideas? Perhaps later we hear of someone who had the same idea, used it, and prospered. The fault was not God's but ours. A principle, albeit mathematics, science, economics, or Truth, is of no value until used! There is no value in praying for God's good unless we are willing to appropriate and use it.

We are living in a fast-moving and changing world. More and more we are time conscious. A few seconds can mean missing a bus, train, or jet. Sometimes in prayer we mentally try to put God on our own personal time schedule, which is not the way He works. There is no time in Spirit. There is divine order, and our challenge is to establish ourselves with that order. As far as time is concerned, in relation to answered prayer, it can be never, eventually, or instantaneous. It depends upon us. God never withholds the ideas we need. It is we who ignore, accept, reject, or use them.

How much energy and time is consumed needlessly by those who let themselves become “up tight” about the negative things of the past? Jesus said, “*Let the day's own trouble be sufficient for the day.*” (Matthew 6:34, RSV) Do the best you can today. Learn from mistakes and shortcomings. Give thanks to God for the progress you have made. At the close of the day let go of the errors and give thanks that tomorrow you can, and shall, do better. “Do not *say* things. What you *are* stands over you the while, and thunders---so that I cannot hear what you say to the contrary.” ---Ralph Waldo Emerson. Walk with your hand in His and focus on “the Word.”

(from *Be It as It Is!* by Harlan M. Oyer)

The Natural Law of Prayer Marguerette Engel Gilmore (an excerpt)

Getting an answer to prayer is the most natural thing in the world. It is just like baking a cake. When you stir up certain ingredients and bake them in a hot oven, the result is a cake—and one just like you planned, chocolate, white, yellow, or banana, according to the ingredients you used.

Whether in baking a cake or getting results from prayer, there are the same two invisible ingredients of faith and understanding. When you stir up flour, eggs, sugar, etc. and put it in the oven, you *know* that a cake will be there when you open the oven door. When you pray you must *know* that God hears and answers prayer.

Within the Word Helen Zaqat

To comprehend the spiritual part that the Word has in creation it is necessary to know the true meaning of the Word and its nature.

The very first step is the lifting of our thought from the usual use of word, to convey ideas in the human experience. The Word refers to God's creative Idea. It is the Son, the Image with the eternal, creative Power inherent in its very nature.

Through the Word, Infinite Mind puts forth the power that propels all ideas into the continuous forming of the creation. Through the Word the visible creation came forth; and the evolvement of man progresses to higher and higher states of consciousness until the soul fulfills the divine ideal.

Since the creation is one of infinite Mind action, infinite ideas are available to man through his ability to think. Man can envision the infinite potentialities awaiting his recognition of the Christ—the Word.

Within the Word is continuous activity—Mind Energy. As we train our conscious thought and feeling to become receptive to the Word, we grow in the vital ability to let it work in us and through us.

The Lebanese poet, Kahlil Gibran, who gave the world that precious little book of truth, "The Prophet," says:

"Work is love made visible ... When you work--you are a flute through whose heart the whisperings of the hours turn to music."

TRUTH or FICTION

It is difficult to live in the world and not be of it. I say this particularly for those who are really trying to practice the Presence in all their affairs. It often takes all we've got, to stand at the door of our heart

and head, and heed only the good when the world is screaming the opposite.

How few of us are ready to say that "God's being is ours and we have no other," in the face of so much "bad" news.

To me the highest we can do is walk away from that which *seems* so incredibly real to that which *is* incredibly real. "In the silence of the Invisible Spirit is contained all power and truth...To mentally awaken from the unconsciousness of human belief to the consciousness of reality and divinity which was, is, an evermore shall be," is our greatest reward. To me the outstanding point made by Divine Science is not that we change *what is*, but that we change *what we think is*. M. E. Cramer makes a great suggestion in her book*. "Students should ask themselves daily and hourly, is this conclusion true of Spirit, or is it merely a suggestion born of observation?" It is almost impossible to know the degree to which we are subservient to dreams of observation and hypnotic suggestion. Many of us accepted everything that we were taught, we drank in what THEY SAID without question or condition. We rarely put anything to the test because we were as much a part of the spell as those who taught us.

"To speak the truth one must cease claiming selfhood to be mortal, finite, or limited, subject to thought, to deed, or to feeling and sensation. ... To speak truth only, one must assert...I am the Expressor and power of truth." We draw near the Truth of Divine Science when we no longer think about God, or how good God is, or how much God has, or intellectualize Truth and its healing power, or make up affirmations about Omnipresence. We turn from the letter when we move and speak and actually feel in consciousness the presence of Spirit. Then with all being we say,

*"I am wedded to Love by the Supreme One,
and they whom God has sealed together
cannot be separated."*

---Reverend Mary Rezendes
Minister at Large

*All quotations from: *Divine Science and Healing*---Malinda E. Cramer

2

Affirmations for attracting your good:

1. **Age is a state of mind.
Today I feel young, for I know God renews my
life daily.**

I accept His renewal now.

2. I am serene, calm, and undisturbed by the actions of others.
I know that what others believe and do is none of my concern.
It is what I think, say, and do that concerns me, and I think, speak, and act affirmatively.
3. I am an expression of the God within me.
My purpose in life is to express more of God's good in every phase of my life.
I am open and receptive to God's ideas now.

---Carol B. Bergman

Attitude Patricia Cross

Attitude is the rudder of the soul.

If the attitude is negative or maladjusted, the ship of soul travels on a course of doubt, uncertainty, and confusion and fear is its master.

The attitude must be cleansed of negative debris. This is best achieved when the need to change is admitted and accepted. The foundation for a positive attitude is based on our conscious awareness and acceptance of the presence of God's Spirit and nature within us and the freedom of choice to partake of this inherent eternal gift.

A well-adjusted attitude is built on the solid rock of God-centeredness; not on the muddy bank of self-centeredness. We inventory our own inner sanctum of feelings, beliefs, attitudes, and motives. Then we practice the art of "listening" for the feelings of others being expressed behind the spoken and unspoken word. We step down from the stage of judgment and sit in the audience of love, understanding, and patience.

A well-adjusted attitude is the enjoyment of and active participation in the unfolding drama of Life.

Why A Crutch? Mildred N. Hoyer

If this is all we are getting in our prayer experience, is it because this is all we are seeking?

"Brighten the Corner Where You Are!" has always been one of my favorite hymns. It is a song to live by.

I can still recall the exuberant choir director leading us in this joyful song at the Community Church which I

attended as a child. We sang it with gusto. It seemed to be a directive from God himself: "Brighten the corner where *you* are!"

Through the years the theme of this song has remained with me. When the world about me is in turbulence and problems seem insurmountable, I know that no one can change it but myself, and the only thing I can change *is* myself. Thus, brightening my corner is really an inner thing.

The easiest way to brighten your corner is to wear a happy face. Have you noticed that when you smile it is really difficult to feel "down in the dumps?" And a smile on your face always brings forth a smile in return, whether it be from the clerk in a store or a stranger on the street. There is something uplifting in this little exchange between one human being and another. A shared smile, however brief, can lift one's spirits for the rest of the day.

When I find myself taking life too seriously, or feeling depressed about things, I try to find some bit of humor in the situation. A laugh at oneself is the best way of clearing away the cobwebs of self-pity and negative thinking.

I have discovered that when I am gloomy, even if I say nothing, everyone around me is affected adversely. I have come to see that we are all inter-related. *What affects one, affects all.*

The words *brighten your corner* continue to take on new and deeper meaning for me. By brightening my own corner, I cast a little light into the lives of those around me, and they in turn will brighten up theirs.

---Ruth E. Knowlton

There is no hurry with the stream; it flows at its own pace to meet the sea.

There is no hurry with the bud to push ahead of time its opening.

So, just so, let growth within your soul move with its own interior development toward the flowering, the fulfillment of that unique being-ness that is truly you.

---Elizabeth Searle Lamb

Two disciples followed Jesus and asked, "Master, where dwellest thou?" And Jesus said to them, "Come and see." This is the invitation to all: *come and see where Christ dwells*. The Christ dwells in your heart and mine. 3

What I Learned From Noah

Everything I need to know, I learned from Noah's Ark...

ONE: Don't miss the boat.

TWO: Remember that we are all in the same boat.

THREE: Plan ahead.

It wasn't raining when Noah built the Ark.

FOUR: Stay fit.

When you're 60 years old, someone may ask you to do something really big.

FIVE: Don't listen to critics;

just get on with the job that needs to be done.

SIX: Build your future on high ground.

SEVEN: For safety's sake, travel in pairs.

EIGHT: Speed isn't always an advantage.

The snails were on board with the cheetahs.

NINE: When you're stressed, float awhile.

TEN: Remember, the Ark was built by amateurs; the Titanic by professionals.

---Compliments of the Internet

The Preventive Power of Truth

Freda Karsin Routh (an excerpt)

The saying, "An ounce of prevention is worth a pound of cure," may furnish a useful hint to Truth students who may be inclined to think of the Jesus Christ principle as curative only.

Jesus must have realized how easily we might overlook the fact that his teachings are not only a perfect cure for all human discord, but also, the perfect preventive for them, for he said:

"If the Goodman of the house had known in what watch the thief would come, he would have watched, and would not have suffered his house to be broken up."

Matthew 24:43

We must ever be alert to see that our standards of thinking and belief are held high.

If someone acts in a way that stirs up a feeling of dislike, let us not wait until this feeling has had time to poison our system, necessitating then a long, difficult time for its eradication. Rather, let us go quickly into our spiritual "closet" and realize that we are not dealing with an evil individual but with an evil suggestion--the suggestion that man can be, in reality, anything unlike his Creator.

Should anxious thoughts about insufficiency of income and supply arise, we do not wait until we have "worried ourselves sick." At the first moment of their occurrence,

we immediately begin the preventive work of emptying our minds of these un-Godlike fears. Since we are the children of God, heirs to all that He has, we deny every suggestion of lack. Then we "pour in" Truth by affirming that there can be no cessation of the flow of spiritual ideas from God to man, ideas which can manifest as bountiful supply. ...

Jesus said, "The prince of this world cometh, and hath nothing in me." The erroneous thoughts of the world find nothing in spirit to combine with or attach to, and so they pass from us. ...

Let us keep ourselves in a state of immunity from the discords of this world. It takes much more time and effort to rid ourselves of the effects of long-held false beliefs than to prevent their "settling in" in the first place. The preventive power of Truth becomes more and more potent as we diligently practice it and follow Paul's advice, "Pray without ceasing."

Let us labor then for an inward stillness,
An inward stillness and an inward healing,
That perfect silence where the lips and heart
Are still, and we no longer entertain
Our own imperfect thought and vain opinions,
But God alone speaks in us, and we wait
In singleness of heart, that we may know
His will and, in the silence of our spirits,
That we may do his will, and do that only.

---H. W. Longfellow

The World Has Need of You

---Evelyn Whitell

If it's ever so small the part that you take,
The world has need of you.
Be it little or big the effort you make,
The world has need of you.
If it's only a thought you give by the way,
If it's only love's word you pause to say,
It's a part that nobody else can play.
So the world had need of you.

By your smile you can change another's life;
The world has need of you.
By a word you can bring peace out of strife;
The world has need of you.
Then lift your head and never say die;
Count every blessing, stop every sigh.
Get busy...don't let a chance slip on by
For the world has need of you.

4

YOUR DIVINE SCIENCE FEDERATION **OFFICERS**

President
Vice President

Mr. Wayne Gatewood
Rev. Earleen Cornell**

Treasurer Mrs. Cathy Hall*
Secretary Mrs. Patricia Mazanec
Chaplain Rev. Miriam Comer Johnson***
Board Member Rev. Mary Emma Dryden

Eastern Rep. Rev. Miriam Comer Johnson***
Midwestern Representative Mrs. Cathy Hall*
Western Representative Rev. Earleen Cornell**

DS School Representative Rev. Janet Friedline
Brooks Ctr./Spirituality Representative
Rev. Christine Emmerling
DSMA Representative Dr. Robt. Winterhalter

Ms. Jean Burdette
has resigned from the Board citing personal
reasons.
We wish to thank Jean for her many hours of
devoted service to the DSFI Board.

Reverend Mary Emma Dryden
of the NYC Study Group
and an associate minister
at the Quimby Memorial Church – Secaucus NJ
has graciously accepted the challenge
completing Jean Burdette's term of office.
Welcome Mary Emma!

There was an error in the October issue of *Spirit in Action*. Rev. Pat Beach was listed as the Divine Science Representative. Your Secretary apologizes.

Dr. Jennie Goicoechea
has resigned from the Board citing personal
reasons.
Thank you Jennie for your years of faithful service
to the DSFI Board.

Reverend Janet Friedline of the
Divine Science Church of the Healing Christ
Washington DC
has graciously accepted the charge of completing
the term of Dr. Jennie Goicoechea.
Good to have you on board Janet!

--- In Memoriam ---

The Reverend Doctor Karl Kopp, Minister
who ministered along with his wife
The Rev. Dr. Jane Kopp

to First Divine Science Church
Denver Colorado
A memorial is planned for October 29, 2005.

**Above the cloud with its shadow
Is the star with its light.**

---Victor Hugo

The Christ Within

Thank God that we are not just born passively into this world to live and to die. Instead, as we actively seek the Kingdom, seek with our whole being to know God, we find ourselves being born anew, into a greater Self, redeeming our world of appearances, or "overcoming" it--as Jesus declares---in a greater dimension of living.

"God is forever being born," writes Meister Eckhart. "But if the divine birth is to shine with reality and purity, it must come flooding up and out of man from God within him, while all man's own efforts are suspended and all the soul's agents are at God's disposal."

We are responsive as Christmas draws near to the continuing birth of God and to those heavenly gifts of peace, sweetness, and love. We remember that pure and perfect image of God in us and in all whom we see. In this way, we "become as little children." In this way, and once again, attentive and remembering, we release God's love into His world.

---The Reverend Doctor Karl Kopp

(A former English professor, Dr. Karl Kopp, minister of the First Divine Science Church of Denver, has made his transition.)

The Lord is my shepherd; I shall not want.
He maketh me to lie down in green pastures: he
leadeth me beside the still waters.
He restoreth my soul: he leadeth me in the paths of
righteousness for his name sake.
Yea, though I walk through the valley of the shadow
of death, I will fear no evil: for thou art with me; thy
rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine
enemies: thou anointest my head with oil; my cup runneth
over.

Surely goodness and mercy shall follow me all the
days of my life: and I will dwell in the house of the
Lord for ever. (Psalms 23:1-6)

DIVINE SCIENCE FEDERATION INT'L
8084 Watson Road/Suite 236
St. Louis Missouri 63119
800 644 9680 - Local-314 842 2335
FAX: 314 842 2650

www.divinesciencefederation.org

Email: divscifederation@aol.com

The Divine Science Federation International is an equal opportunity organization and does not discriminate on the basis of race, color, religion, creed, national origin, sex or sexual orientation, age, or handicap.

Forwarding Service Requested

If you plan to move, please notify us.

NOVEMBER 2005

A Divine Science Federation International
Newsletter

Love
Integrity
Freedom
Excellence

We Welcome You!

Love First (an excerpt) by **Patrick G. Berryhill**

... Not one of us loves enough. We do not love God enough. We do not love ourselves enough. We do not love others enough. We do not love Life enough. We have to practice this all the time, and the place to begin is with ourselves.

Love yourself, respect, uplift, encourage yourself with true thoughts and words of praise, and you will find yourself loving the people around you, and you will find yourself loving God. Love God and you find yourself (with God's help) conquering fear, disease, discord, disharmony, resentment, and all forms of unhappiness. It all begins with learning to love yourself---as God loves you!

In religion, Love is Divine Harmony, the Omnipresence, Nirvana. ... Philosophers talk about love when they say we must have character, honesty, and dignity. Nona Brooks used the term *integrity*. It means authenticity. Psychologists refer to love when they speak of a healthy self-image. Jesus taught that you must love "*your neighbor as yourself*." That means you must love

yourself first. ... This does not mean arrogance, but honest, deep appreciation and praise for the perfect person that you are in God's sight. You will find that you are---naturally loving God and others around you---and you are conquering disharmony and all other forms of that great imposter, *unhappiness*. There is no unhappiness, only the lack of loving.

There was once a man who wanted to do something special for his ten-year-old son. He took him to an elegant restaurant and was surprised to hear him order the usual hamburger. "Try something different, Son, something unusual," the father urged the boy. The son said, "I am. I've never had a three-dollar hamburger before."

Try something special---try looking at the "usual" in your life through the elegant eyes of love. Meet the "usual" people with praise, encouragement, compassion, and caring! Down the great road of life, put **Love first**.